

Family Health Centers
LONG ISLAND FQHC, INC.

• Your Health • Our Mission •





Family Health Centers LONG ISLAND FQHC, INC. • Your Health • Our Mission •

- We open our doors to all
 - We are improving health outcomes
 - We are increasing health services
 - We are advancing and expanding
 - We are making a difference in our community

We are Long Island FQHC, Inc.

Our Mission

To increase access to comprehesive primary and prebentive health care and to improve the health status of the community, especially for the underserved and vulnerable in a financially responsible manner.

Our goal is to better address the needs of our communitues.



ACHIEVING BETTER HEALTH CARE ONE PATIENT AT A TIME

Dear Friends of Long Island FQHC, Inc.,

Each year as we develop our annual report to the community, we seek our greatest stories of the year and merge them with our vision for the future.

With great pride, 2019 marked our 10th year of service to our communities. The advancement of the overall health of our patients and their families reflects the timely and effective programs and services we offer at Long Island FQHC, Inc. health centers. This report illustrates what we have accomplished together.

Because of the generous investment of time, consideration and expertise of our staff and supporters, we once again served more people annually than ever before, from 19,190 patients in 2009 to over 44,250 people in all of our programs Health Centers, Care Management and WIC in 2019! They come to us because we are good at what we do. We continue to improve quality outcomes and patient satisfaction.

External challenges aside, we forged ahead on enhancing our operations and processes within the health centers. We were awarded grants that allowed us to expand our physical locations, increase both clinical and operational related actions in response to the needs and requests of our patients and staff.

We look forward to jumping into 2020 and our future with the enthusiasm and commitment that has been the forefront of LIFQHC mission since its inception.

Your partner in cultivating healthy communities,

David Memiroff LCSU/ President/CEO



BOARD CHAIR MESSAGE

On behalf of the Long Island FQHC Board of Directors, staff and volunteers, we are proud to share our successes with all of you. I hope you enjoy reading about the impact we are making in the pages ahead. It is incredible to see what we have accomplished for the communities we call home in just 10 short years.

Providing high quality health care services is our top priority and much work remains. We must be diligent and alert to the ongoing transformation of the needs, demographics and culture of our neighbors.

Our mission to deliver comprehensive primary and preventive health care requires the commitment, compassion and knowledge that our staff and volunteers possess. Advocating for healthcare access requires us to be attentive to local, state and national matters that may affect our ability to provide much needed health services.

We also face the always-present challenge of raising dollars essential to providing healthcare and the social determinants that affect so many people. The more selfsupporting we are, the more secure we can be delivering our mission.

LIFQHC changes lives for the better. Thank you for your support in the past, currently and in the future.

Best regards,

Frank Piscetelli







Thank you to the

2019 Long Island FQHC, Inc. Board of Directors

We commend them for their insight, guidance and dedication to the mission and vision of the

Long Island FQHC, Inc.





	Health Center Representative	Board Position	Years of Service
Frank Piscetelli	Westbury	Board Chair	5 years
Jessica Sparrow	Roosevelt	2nd Chair	10 years
Stafford Byers II	Freeport-South Ocean Care	Finance Committee Chair	2 years
Ann Hickson	Roosevelt	Secretary	5 years
Robert Detor		Former Chair	9 years
Lance Elder		Board Member	10 years
Dr. Rose Guercia		Quality Assurance Committee Chair	6 years
Gerry Hernandez	Hempstead	Board Member	1 year
Suzanne Jones	Elmont	Board Member	10 years
Sr. Evelyn Lamoureux		Board Member	10 years
Gwen O'Shea		Nominating Committee Chair	10 years
Elizabeth Rouse	Elmont	Board Member	2 years

*2019 marks the first year that the Executive Committee of the Board of Directors is comprised of All Health Center Consumers



WESTBURY 2019 COLLAGE























HEMPSTEAD 2019 COLLAGE



















ROOSEVELT 2019 COLLAGE















FREEPORT-SOUTH OCEAN CARE 2019 COLLAGE



















ELMONT 2019 COLLAGE























2019 SUMMARY OF PATIENT PERSONAL CHALLENGES -SURVEYS

Language 13,186
Unique Encounters

Insurance
4,883
#Unique Encounters

Unemployment/ Underemployment 2,129

#Unique Encounters

375
Unique Encounters

Stressors

Other 264
Unique Encounters

Physical Disability
166
Unique Encounters

Lack of
Transportation
165
Unique Encounters

 $\begin{array}{c} \textbf{Permanent Housing} \\ \textbf{110} \\ \text{\# Unique Encounters} \end{array}$

Access to Healthy
Food
93
Unique Encounters

Unable to access
Personal Needs
64
Unique Encounters

Literacy/Lack of
Education
44
Unique Encounters

Physical and
Emotional Safety
44
Unique Encounters

Ability to Pay for Medications 39
Unique Encounters

Social Isolation 29
Unique Encounters

Growth from 2012-2019

2019 Over 37,000 patients



SOCIAL DETERMINANTS OF HEALTH FACT FINDING:

49,645 Patients were surveyed to determine their three biggest challenges



13,186
patients cited language



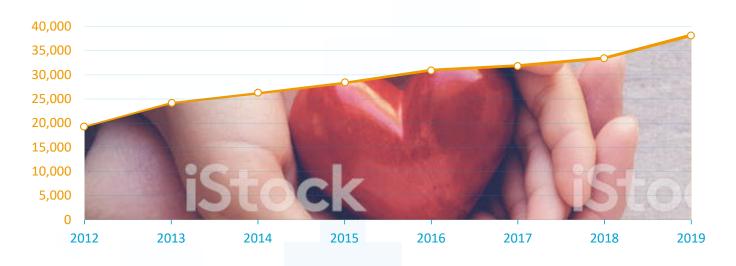
2,129
cited unemployment/underemployment



4,883
named insurance challenges

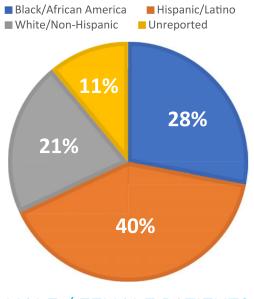


NOTABLE GROWTH IN THE NUMBER OF PATIENTS SERVED FROM 2012 THROUGH 2019

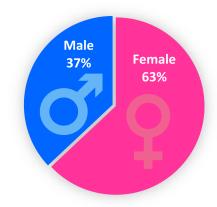


PATIENT DEMOGRAPHICS

PATIENTS BY RACE

















1991

- Hempstead Health Center located adjacent to bus station at 100 Main Street.
- Elmont HC on Elmont Rd.is slated to close.
 Community support resulted in moving the health center to 161 Hempstead Turnpike

2009

- Nassau Health Care Corporation (NHCC) votes to form a co-applicant agreement with the Long Island FQHC led by A rthur A. Gianelli, President/CEO 2006-2013 and John T. O'Connell - Special Advisor to the President/CEO
- LIFQHC and NuHealth established as co-operators of the Community Health Centers
- •Long Island FQHC, Inc. Certificate of Incorporation is received & EIN approve

2013 PATIENT VISITS - 92,717

- South Ocean Care, Freeport designated as an FQHC
- Launch of eCW Electronic Medical Records system for clinical reporting

>>

2011 PATIENT VISITS - 70,000

- First Farmers Market is located at Roosevelt Health Center
- Residency Program trainees start at LIFQHC sites had previously been with Peninsula Hospital in the Rockaways.
- Elmont, Hempstead, Roosevelt, Westbury and Elmont locations transferred to LIFQHC Tax Id



 Nassau County transferred to Nassau Health Care Corporation the licenses to operate Nassau University Medical Center, A Holly Paterson Nursing Home and six community health centers ("CHCs") in New Cassel, Elmont, Hempstead, Freeport, Inwood, and Long Beach and Roosevelt school based clinic

2010

HRSA approves a joint application for FQHC Look-Alike Approval

- Freeport Roosevelt site moved from 460 Main St Freeport to 380 Nassau Road, Roosevelt
- HRHCare agreement signed to create the LIFQHC as a sub-recipient for federal funding



2012PATIENT VISITS - 70,000

- PCMH Medical Home Approval Level 2&3
- LIFQHC acquires South Ocean Care, LLC ("SOC").



2015PATIENT VISITS - 121,545

- Awarded operation of 3 Women, Infant & Children (WIC) **Nutrition Programs**
- Launched Health Home Care Coordination Program
- Hours of operation extended to include Saturday & weekday evenings
- LIFOHC provide services at Belmont Racetrack for BEST (Backstretch Employee Services Team)



- PATIENT VISITS 128,103
- LIFQHC operates Roosevelt School Based Health Center (SBHC)
- LIFQHC purchases 101 South Bergen Place SOC Freeport Health Center-via grant from NYS Department of Health
- Patient Registration Kiosks added to health center waiting rooms
 Call Centers opened in each site to manage incoming calls
- LIFOHC purchases 161 Hempstead Turnpike, Elmont-via a grant from NYS Department of Health



PATIENT VISITS - 128.103

- Roosevelt Health Center Expansion concludes
- LIFQHC opens a SBHC in Freeport High School
 LIFQHC prepares to open a SBHC in Westbury High School • Awarded State Wide HC Facility Transformation Grant II (S
- HCFTP II) \$3.1M
- LIFOHC purchases 3227 Long Beach Road, Oceanside with SW Grant Funds



2014

PATIENT VISITS - 107,217

- Behavioral Health & Dental Services now available • DSRIP (Delivery System Reform Incentive Payment)
- launch by NYS • First Health Center Week participation launchedical
- Records system for clinical reporting



2018PATIENT VISITS - 128,103

- Oceanside Health Center becomes an FQHC
- BEST Health Center (Belmont Race Track) becomes an FQHC



2016PATIENT VISITS - 129,702

- LIFQHC launch of Consumer Assessment of Healthcare Providers and Systems (CAHPS®) Surveys
- Awarded NYSDOH Capital Restructuring Finance Program (CRFP) Grant - \$3.135M

Family Health Centers LONG ISLAND FQHC, INC. 10TH ANNIVERSARY

Celebrating 10 years of service to Long Island Community



PATIENT SERVICES

WIC - Women Infant and Children Nutritional Program. In 2019, the WIC program provided **5180 families** through their healthy food purchasing program, nutritional counseling and breastfeesing guidance. Assistance in the selection of healty recipes and cooking techniques were shared through the generosity of the Daughters of Wisdom Grant





The *Ryan White HIV Oral Health Grant* provided the opportunity for 50% of HIV diagnosed patient to be referred to our dental specialists for service.

Ryan White & Global HIV/AIDS Programs

SCHOOL BASED HEALTH CENTERS

Provided an opportunity for the LIFQHC to impact student health with an overall goal of reaching 75% of enrolled student per school



Freeport High School

Total enrollment

2,215



Westbury High School

Total enrollment

1,640



Westbury High School

Total enrollment

1,056



Quality Metrics Annual Comparative			EXCEEDED TARGET
		Target	2019
Diabetes	Nephropathy Screening	85%	90%
Hypertension/ CAD	Hypertensive BP Control	61%	63%
Adult Preventative	Asthma Pharmacologic Therapy	75%	82%
Pediatrics	Lead Screening	85%	86%
Pediatrics	Well-Adolescent (12-21 yrs.)	69%	69%
OB/GYN	Chlamydia Screening	69%	75%
Dental	Dental Sealant	36%	41%
	Tobacco screening and cessation	80%	91%
Screenings	Screening for Depression and follow-up for 23,645 patients	67%	86%

Additional Clinical Quality Screenings

- Cancer screenings conducted in collaboration with the American Cancer Society
- 3461 patients received Diabetes Screenings and treatment recommendations
- 23,645 patients received Depression Screenings and treatment recommendations

COMMUNITY OUTREACH

- 275 outreach events conducted throughout the year including vision, dental, blood pressure screenings, and health fairs
- 769 lunches were distributed at the summer lunch program
- 72 health education workshops and events were held in various community settings
- Belmont Racetrack employees were provided four health education events
 On-site at the racetrack
- 600+ holiday gifts distributed to children in our health centers at the holidays
- 275 patient veterans were individually acknowledged for their service to our country
- LIFQHC Membership in five community Chamber of Commerce
- 10th year as hosts of the Roosevelt Community Farmers Market (18 weeks in 2019)





CARE COORDINATION

- 1000 clients made use of our many Care Coordination services
- 262 back packs to children attending our Back to School eve
- 71 families feasted on donated food baskets at Thanksgiving
- Over 420 individuals & families received food from our food pantry



Patient Satisfaction Survey Results 2017- 2019 Show an increase in patient perception of LIFQHC service

Care Coordination



6.32% increase

Prompt Routine Care Appointment



8.33% increase

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Courteous Helpful



5.95% increase

Over 4000 Patients provided valuable comments and suggestions by responding to patient experience phone surveys

"Thank you to the Care Coordination Team"

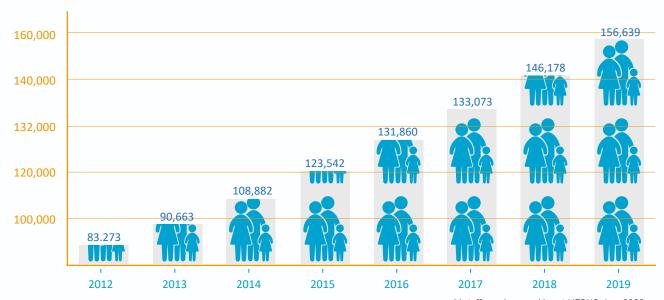


Testimonial 2019 Maryann M.

MaryAnn has been receiving physical and social services specific to her needs through the Care Coordination program for two and half years. The use of these services resulted in more confidence, strengthened self-esteem, expanded social skills, and joining the Care Coordination team as a volunteer.



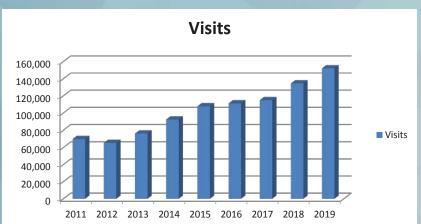
INCREASE IN PATIENT VISITS INDICATING AN EVER INCREASING CONFIDENCE IN THE SERVICE WE PROVIDED



44 staff members working at LIFQHC since 2009

2012 2013 2014 2015 2016 2017 2018 2019 2011 Visits 70,000 65,405 76,347 92,420 107,824 111,194 115,010 134,510 152,114 Revenue * \$12,187 \$18,091 \$23,724 \$25,601 \$27,999 \$32,880 \$40,221 \$38,738 \$38,223









We honor our Founding Leaders and past and present members of the Long Island FQHC, Inc. Board of Directors whose vision, determination and commitment set in motion the 10 year growth and success of the Long Island FQHC, Inc.

2009 -2019 Long Island FQHC Inc. 2009 Visionaries

Arthur Gianelli 2009 President/CEO Nassau Health Care Corp. 2006-2014

Current: President of Mount Sinai St. Luke's Hospital

Jack O'Connell 2009 Special Advisor NHCC President/CEO 2007-2012

Current: Coordinator-Windsor Terrace Kensington Food Coop

Carolyn McCarthy

Former NY Representative 4th District Member of the U.S. House of Representatives New York's 4th district In office January 3, 1997 – January 3, 2015





NACHC - National Association of Community Health Centers



NACQA - PCMH

"Patient Centered Medical Home" top level Designation



CHCANYS

Community Health Centers Association of NYS

David Nemiroff became the 1st Long Island Representative on the CHCANYS Board of Directors







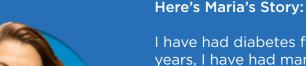








A strong Doctor Patient relationship can help improve your health





I have had diabetes for more than 30 years. Over the years, I have had many different doctors. I haven't felt I could trust and be honest with many of them. They seem so busy to stop and listen. Sometimes the diabetic medications I take make me feel bad, so I just don't take them every day. Last year, the health center hired a new doctor. After a full evaluation, she changed my medications and called to confirm that I was feeling better. She asked me to speak with a nurse and a nutritionist. I had never had such complete attention paid to my concerns. At my last check-up, my diabetes was under control - for the first time in 30 years.

Locations / Hours of Operation 516-296-FQHC (3742)

OUR SERVICES

Adult Medicine

Internal Medicine Complete Physicals Flu and Pneumonia Vaccines Chest Screening for Tuberculosis Cancer Screening Podiatry Vision Screening

Pediatrics

School Physicals Children's Vaccines Well-Baby Check-ups Sick Child Visits

- * Not all services offered at every Center.
 - Check with local staff for services and schedules
- ** Not all specialty services are offered at all times.

 Call for an appointment.

Women's Health Services

Obstetrics

Office Gynecology

Mammography

Prenatal Care Assistance Program

Nutritional Counseling

Infant Health Education Family Planning /Birth Control

Pregnancy Testing

Sexually Transmitted Infections

Specialty Services*

Behavioral Health

Dental

Optometry Podiatry

Care Coordination Adult/Child

Radiology

Gastroenterology

Elmont Family Health Center

161 Hempstead Tpke 516-571-8200



(Racetrack Employees Only)

B.E.S.T -Backstretch Employee Service Team

Belmont Racetrack, Elmont, NY 11003



Hempstead Family Health Center

135 Main Street 516-572-1300



Freeport South Ocean Care Family Health Center

101 South Bergen Place 516-623-3600



Freeport School Based Health Center

(Freeport High School Students Only)



Oceanside Family Health Center

3227 Long Beach Road 516-678-0900



Roosevelt Family Health Center

380 Nassau Road 516-571-8600



Westbury Family Health Center

682 Union Ave. 516-571-9500



Roosevelt School Based Health Center

(Roosevelt High School Students Only)



Westbury School Based Health Center

(Westbury High School Students Only)















TAKING THE JOURNEY WITH YOU TOWARD HEALTH AND WELLNESS



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(516) 296-FQHC(3742) www.lifqhc.com

ELMONT | FREEPORT | HEMPSTEAD | OCEANSIDE ROOSEVELT | NEW CASSEL/WESTBURY